

AUSTRALIA

April 30 – May 17, 2025

SCHOOL OF HUMAN KINETICS

Experience the land down under through sport.

With its diverse landscape and multicultural cities, Australia offers a unique travel experience for the sports enthusiast. After all, the Australians' love of sport borders on a national obsession. Trip highlights include Australian Football League matches, a professional netball match, and a rugby match. In addition, the trip features tours of the Commonwealth Games facilities in Melbourne, a lecture with Australian sport experts (coaches, athletes, and professors), a visit to the Australian Institute of Sport, and sightseeing trips to the Brisbane/Gold Coast, Sydney Opera House, Sydney Bridge, and Manly Beach.



TRINITY WESTERN UNIVERSITY

AUSTRALIA TRAVEL STUDY



Travel Dates: April 30 – May 17, 2025

PRIMARY OBJECTIVES

Students will be introduced to a new culture and the international sport that is integral to that culture.

Students will have the opportunity to compare and contrast the sport and culture of Australia with that of Canada and the US.

Students will be encouraged to examine a unique sport culture through the lens of a Christian worldview.

COURSES

HKIN 325 TR - SOCI-CULTURAL & PHIL ASPECTS OF SPORT

This course explores the sociological, cultural, and philosophical dynamics of sport and the way that sport has become a significant socializing agent of society and culture. Sport issues and controversies are explored in depth to assist the human kinetics practitioner in applying critical thinking and critical decision-making in the realm of sport and physical activity. **Prerequisite(s): Third-year standing**

HKIN 340 TR/PSYC 360 TR - PSYCHOLOGY OF SPORT

This course examines the need for and purpose of psychology in sport and physical activity. Students will examine research focusing on psychological and social psychological factors influencing athletic and motor performance. **Prerequisite(s): Third-year standing**

FNDN 201 TR - IDEAS THAT INSPIRE

In this course, a "big question" is presented that launches students into foundational inquiries from various disciplines and perspectives. The instructor provides an overview and background for each prompt and highlights the method of inquiry. Building on this, students work together with the guidance of the instructor to explore, discuss, and analyze documents, speeches, artifacts, performances, and arts (ancient through contemporary) that create an intersection of voices. Students develop their own conclusions on the answer to the central question. **Prerequisite(s): None**

HKIN 351 - LEADERSHIP & PLANNING

This course is an applied study of leadership, including planning, supervisory skills, and responsibilities related to instructional/intramural-recreational and intercollegiate human kinetics and sport programs. **Prerequisite(s): Second-year standing**

INSTRUCTORS

DR. BLAIR WHITMARSH, PH.D

Blair is the dean of the School of Human Kinetics and Athletics at Trinity Western University. Since entering the field of sport psychology 25 years ago, Blair has consulted with numerous provincial, national, and international athletes from the sports of ringette, hockey, baseball, volleyball, swimming, soccer, basketball, gymnastics, track and field, and dance. Blair completed his PhD at the University of Alberta and his MBA at Trinity Western University. Blair also has significant experience working in politics and engaging with the local sport community.

DR. DARYL MARCHANT, PH.D

Daryl is a registered psychologist in Australia and completed his PhD at Victoria University in Melbourne. Prior to that, he completed a Master of Arts in Sport Psychology at the University of Alberta. Daryl is an experienced applied sport psychologist, having consulted for a broad range of sports, particularly Australian football, where he has worked with professional athletes for the past 18 years. He is an associate professor at the Institute for Social Neuroscience and Consulting Assessment Psychologist at New Life Psychology.

CONTACT

LANA HIGGINBOTHAM, DIRECTOR OF OPERATIONS

Lana has a strong background in event planning, office management, and in creating a dynamic, intentional work environment. She has developed travel study trips to Australia as well as to the Summer Olympic Games in Beijing, London, and Rio de Janeiro. Her passion for student development is a tremendous asset to the department.

P: 604-513-2067

E: TDGLOBAL@TWU.CA

twu.ca/travel



Lana Higginbotham,

Director of Operations

E: lane.higginbotham@twu.ca

